

Hi!



Who am I?

My name is Rachel and I work with young people to find out what they are good at, what they enjoy and what they sometimes find difficult in education. I work with lots of different people to try and make changes that can help you and your learning, so that you can achieve your goals. I am a Educational Psychologist and I work for Knowsley Council.

I have been asked to work with you and get to know you better, as part of an Education, Health and Care (EHC) needs assessment. At the end of an EHC needs assessment, the Local Authority (Knowsley Council) will decide if you would benefit from an EHC Plan (EHCP). You may know what an an EHCP is, but if you would like to know more about it you can click here: [What is an Education, Health and Social Care \(EHC\) plan? \(updated 2019\) - YouTube](#)

About Me

I enjoy...

- Swimming and running
- Reading fiction books
- Visiting new places

I would like to be better at...

- Taking time to relax
- Sign language

People think I am...

- Funny

- Friendly
- Kind
- Chatty



1 - Me

What am I doing?

I would like to get to know about you, your learning and your goals. To do that, I might:

- Speak with the adults that you live with, so that they can tell me what they think you are good at and what you might sometimes find difficult at home.
- Talk with teaching staff from your school, so that they can tell me what you enjoy and what you might sometimes find tricky in school.

I would also really like to get your views, so that I can understand what you think of education and learning. **Nobody knows this better than you**, that is why your views are the **most important**.

I will then write your views and the views of the adults I speak to in a report and share it with adults who care for you, so that they can understand what is important to you and how best to help you achieve your goals for the future.

What will happen?

- I am going to meet with the adults you live with and teaching staff so that I can learn more about you.

- I might come and watch one of your lessons so I can see what helps you in the classroom.
- I also hope that I can get to know you better and gather your views about education and the future. If you feel comfortable, we can have a chat about your goals for the future and do some work together. **You can tell me as little or as much as you want to.**

If you do not want to speak with me, you do not have to. Whilst it would be great to hear about your goals and what helps you learn best, **it is your choice** to speak with me. You can just let me know on the day that we meet.

What will you ask me about?

What you do for fun

Your interests and hobbies

Anything you find difficult at the moment

What helps/helped you with your learning

Your goals for the future

Thank you



Thank you for reading this!

If you have any questions about me, you can speak with the adults you live with or the SENCO in your school. It might also help you to write down any questions that you would like me to answer for you when we meet.

I look forward to meeting you soon,

From,

Rachel