



# Two choice menu

## November 2021

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## December 2021

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## January 2022

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## February 2022

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

## March 2022

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## April 2022

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Week One Week Two Week Three

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Week one

Cheese and chorizo pizza with wedges and spaghetti hoops  
Cheese / tuna / beans / coleslaw jacket potato  
Cookie & Milkshake  
Yoghurt - selection of flavours  
Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Celery, mustard, oats, rye, sesame, sulphur dioxide & sulphites

Scouse with crusty bread and red cabbage or beetroot  
Knorr Cream of Chicken  
Tuna / cheese / ham / egg / filled roll  
Fruit Sponge & Custard  
Yoghurt - selection of flavours  
Fruit

Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat  
May contain: Sesame

Meatballs in tomato sauce with pasta  
Cheese / tuna / beans / coleslaw jacket potato  
Butterfly Cake  
Yoghurt - selection of flavours  
Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, sulphur dioxide & sulphites, wheat  
May contain: Celery, soya

Roast beef, roast potatoes, carrots, Yorkshire pudding and gravy  
Leek & Potato  
Tuna / cheese / ham / egg / panini  
Jelly & Fruit  
Yoghurt - selection of flavours  
Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Oats, rye

Fish fingers, chips & peas (mushy or garden)  
Cheese / tuna / beans / coleslaw jacket potato  
Fruit Flapjack  
Yoghurt - selection of flavours  
Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, oats, wheat  
May contain: Rye

#### Week two

Chicken burger on a diddi roll with crisscuts and beans  
Cheese / tuna / beans / coleslaw jacket potato  
Chocolate Mousse Break with banana  
Yoghurt - selection of flavours  
Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, wheat  
May contain: Barley, celery, oats, rye, sulphur dioxide & sulphites

Spaghetti bolognese & garlic bread  
Tomato & Basil  
Tuna / cheese / ham / egg / filled roll  
Yoghurt - selection of flavours  
Fruit  
Fruit Lolly Ice

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Oats, rye

Chicken Korma with rice  
Cheese / tuna / beans / coleslaw jacket potato  
Brownie  
Yoghurt - selection of flavours  
Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Oats, rye

Roast pork, mash, carrots, peas & gravy  
Knorr Cream of Chicken  
Tuna / cheese / ham / egg / panini  
Jelly & Fruit  
Yoghurt - selection of flavours  
Fruit

Contains: Barley, celery, cereals containing gluten, eggs, milk, mustard, oats, rye, soya, wheat

Harry Ramsden's fish fillet, chips & peas (mushy or garden)  
Cheese / tuna / beans / coleslaw jacket potato  
Crumble & custard  
Yoghurt - selection of flavours  
Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

#### Week three

Salmon fish fingers, sweet potato mash & beans  
Cheese / tuna / beans / coleslaw jacket potato  
Yoghurt - selection of flavours  
Fruit  
Fruit Lolly Ice

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Barley, celery, oats, rye

All day breakfast - scrambled egg, bacon, sausage, hash brown and beans  
Leek & Potato  
Tuna / cheese / ham / egg / filled roll  
Fruit muffin  
Yoghurt - selection of flavours  
Fruit

Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Lupin, oats, rye, sesame

Lasagne with garlic bread and salad  
Cheese / tuna / beans / coleslaw jacket potato  
Strawberry Mousse Break with strawberries  
Yoghurt - selection of flavours  
Fruit

Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat  
May contain: Oats, rye

Roast chicken, mash, stuffing, carrot, broccoli & gravy  
Tomato & Basil  
Tuna / cheese / ham / egg / panini  
Cookie  
Yoghurt - selection of flavours  
Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, wheat  
May contain: Oats, rye

Harry Ramsden's fish fillet, chips & peas (mushy or garden)  
Cheese / tuna / beans / coleslaw jacket potato  
Frozen Yoghurt  
Yoghurt - selection of flavours  
Fruit

Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat  
May contain: Crustaceans, molluscs, sulphur dioxide & sulphites

Available daily: Water, milk and fruit juice.

